

13TH ANNUAL | APRIL 1, 2023



FORMS | WEAPONS | SPARRING

DEMO TEAM COMPETITION | BATTLE OF THE STATES

ALL AGES & BELT LEVELS | BEAUTIFUL CUSTOM AWARDS!

THE PROVIDENT CHARTER SCHOOL
1400 TROY HILL ROAD
PITTSBURGH, PA 15212

FOR MORE INFORMATION
CALL 724-934-9264

ZANG 
TAEKWON-DO

ZANGTKD.COM



February 2023

Dear Grand Masters, Masters, and School Owners:

We are happy to announce that the annual Zang TKD Invitational Tournament will take place on Saturday, April 1st, at the Provident Charter School in Pittsburgh. We are looking forward to seeing you and your students at the tournament. We will be offering competitions in patterns, sparring, weapons, and flag sparring.

The Provident Charter School is in the city of Pittsburgh and there are many sites available for your family to enjoy -- PNC Park, Heinz Field, Andy Warhol Museum, the National Aviary, the Children's Museum of Pittsburgh, and more.

I have also enclosed a map of parking at the Provident Charter School, the rules and the schedule for the day.

Please note that we MUST receive your registration forms no later than Wednesday, March 22nd. If you should have any questions, please feel free to call the school or email us at zangtkd@gmail.com. We look forward to seeing you in April!

Respectfully,

Grand Master Robert Zang

Owner - Zang Tae Kwon-Do

9th Degree Black Belt

AITC #US-9-006

Vice-President

Allied International Tae Kwon-Do Council

155 Lake Dr., Suite 202

Wexford, PA 15090

724.934.9264

zangtkd.com



ZANG TKD MARTIAL ARTS

13th INVITATIONAL MARTIALS ARTS CHAMPIONSHIP TOURNAMENT SATURDAY, April 1st, 2023

Name (Please print) _____ Age: _____
 Address _____ City _____ State _____ Zip _____
 Martial Arts School _____ Instructor _____
 School Address _____
 Belt Color _____ or Black Belt Rank _____ Male _____ Female _____
 Height _____ Weight _____ # Months/Years of Training _____
 Please CIRCLE your competing event(s): Forms Weapons Sparring or Flag Sparring

REGISTRATION MUST BE RECEIVED BY March 22nd! NO ONSITE EVENT REGISTRATION

			TOTAL
Entry Fee – Includes One or Two Events	\$65.00		_____
Each Addl. Event	\$10.00	X _____ =	_____
Spectator – Adult 13 and Over	\$ 10.00	X _____ =	_____
Spectator – Children 5-12	\$ 5.00	X _____ =	_____
		TOTAL DUE:	_____

Payment accepted by check or money order only.

Release/Waiver (Print Name) _____

In consideration of the acceptance of entry for myself and/or my child, I hereby waive any and all rights or claims I or my minor child or heirs may have against Robert A. Zang, Jr., Zang Taekwondo, LLC, The Provident School, and their owners, officers, instructors, principals, employees, servants, volunteers, affiliates, workers, agents, and assigns related to the tournament in any way. I hereby release and discharge them from any and all claims resulting from injuries, including death, damages or loss, which may accrue to me, my minor child, or my heirs arising out of or in any way connected with my attendance and/or participation at any Zang Taekwondo, LLC events including this tournament. I represent and warrant that I (and/or my child) am physically and mentally fit, able to participate, and hereby voluntarily participate and assume responsibility for my own (and/or my child's) well-being, understanding that participation involves bodily contact. I am aware of COVID and understand there will be physical contact at this event. I also agree to any medical attention needed for myself or my child. I have read, understand and agree to abide by the rules associated with this event and assume all responsibility and any liability for infringement of such rules and agree to accept the tournament arbitrator's decision as final. I consent to allow any reproductions of me (or my child's) or likeness created in any manner whatsoever, photographed, filmed or videotaped in connection with Robert A. Zang, Jr., or with Zang Taekwondo events which can be used for instruction, publicity, promotion or television broadcast, and I waive any and all compensation in regards thereto.

COMPETITORS SIGNATURE/ DATE

PARENT/GUARDIAN SIGNATURE (IF
COMPETITOR IS UNDER THE AGE of 18)



ZANG TKD 2023 INVITATIONAL MARTIAL ARTS CHAMPIONSHIP RULES

NOTE! NO ONE OTHER THAN JUDGES WILL BE PERMITTED ON THE FLOOR DURING THE COMPETITION!!!

FORMS/WEAPONS:

Scoring:

COLOR BELT = 6-8 Pts.

If there are 5 judges in a ring:

Drop High & Low

Add High in to Break Ties

Add Low in if still tied.

BLACK BELT = 7-9.99 Pts.

SPARRING*:

Color Belt Adults & Children:

- 3 points or 2 minutes
- Controlled hand and foot technique to the head
- NO CONTACT TO HEAD – Close gets a point (Bubble Rule – Between Shoulders)
- All Hand & Foot Techniques are 1 point
- No Spinning Backfist
- No Excessive Contact or Techniques to the Back, Neck or Below the Belt
- Accidental Head Contact – 1st give a point; 2nd – DQ; Heavy Contact – DQ
- Head Contact:
 - 1st Time Offense – Opponent Gets a Point
 - 2nd Time, DQ
 - Heavy Contact, Automatic DQ

Black Belts:

- 3 Points or 2 Minutes
- All Hand & Foot Techniques are 1 Point
- No Spinning Backfist
- No Excessive Contact or Techniques to the Back, Neck or Below the Belt
- VERY LIGHT CONTACT TO HEAD NECESSARY (NO BUBBLE RULE)

Flag Sparring:

3 Flags or Highest Score After 1 ½ Minutes

*MANDATORY SPARRING GEAR: Gloves, Foot and Head Gear, Mouth Pieces & Protective Cup (males)

GOOD SPORTSMANSHIP IS EXPECTED



ZANG TKD INVITATIONAL MARTIAL ARTS CHAMPIONSHIP SCHEDULE

SATURDAY: April 1st, 2023

Location: The Provident Charter School
1400 Troy Hill Road
Pittsburgh, PA 15212

GROUP ONE: ALL COLOR BELTS

8:00 AM Check-In
8:30 AM Judges Meeting
8:45 AM Demo Competitions
9:45 AM Competitions Begins

GROUP TWO: ALL BLACK BELTS

12:30 PM Check-In for Black Belt
1:00 PM Opening Ceremony
1:30 PM Competition Begins (Grand Championship after all divisions)

CATEGORIES:

FORMS: Traditional, (no musical or free-style forms)

WEAPONS: Color Belt & Black Belt (Divisions May be Combined for Color Belts)

SPARRING: Flag Sparring and Traditional Tournament Sparring

PRE-REGISTRATION ONLY* Registration forms and fees **must be received by Zang TKD by Wednesday, March 22nd, 2023.**

Mail to: Zang TKD
155 Lake Drive, Suite 202
Wexford, PA 15090

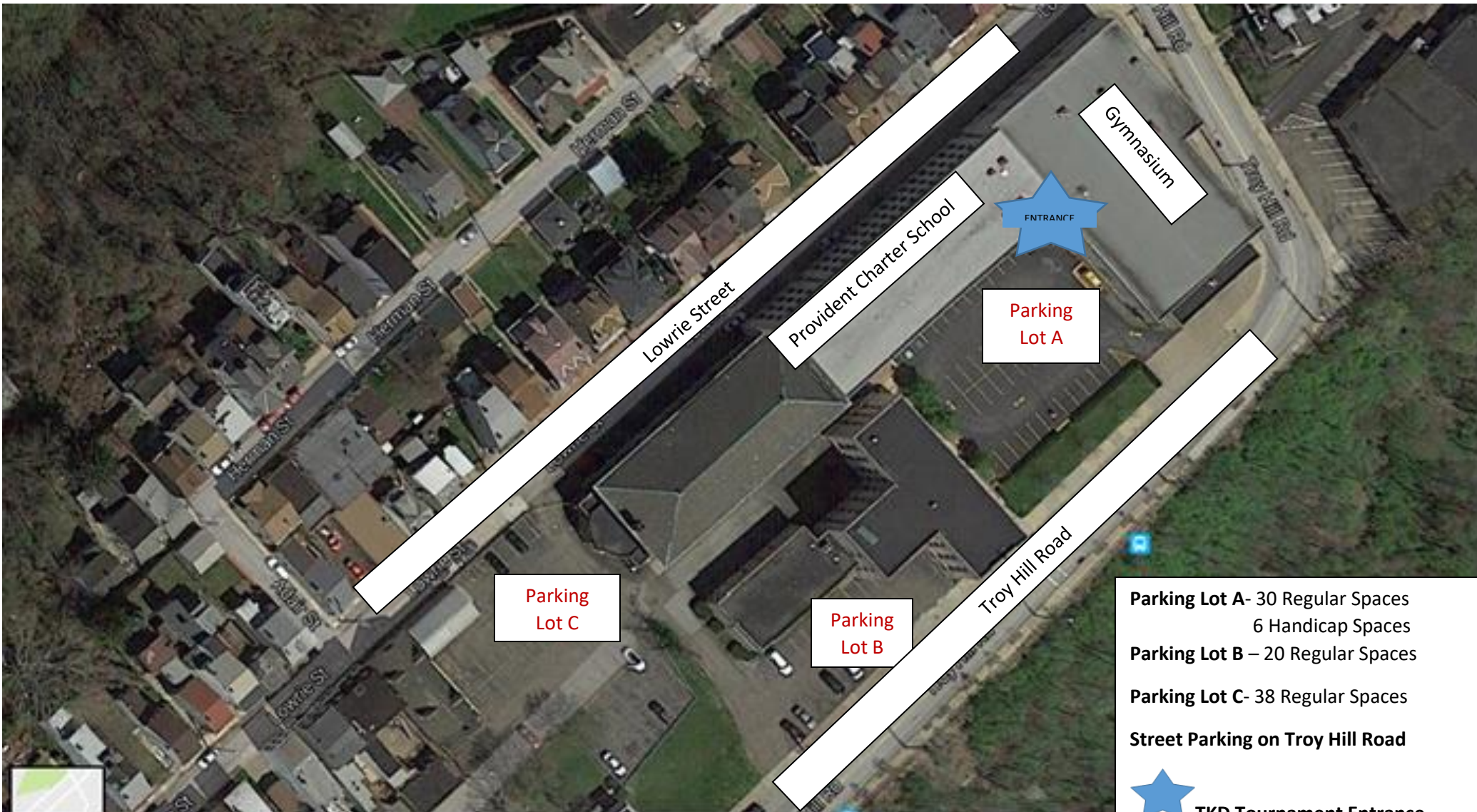
IMPORTANT REGISTRATION INFORMATION:

Please include your payment with your registration form(s). We accept cash, checks or money orders only, made payable to Zang Taekwondo.

NOTE: Spectators may register the day of at the tournament.

*We reserve the right to change, modify, or combine divisions the day of the tournament.

WE RESERVE THE RIGHT TO CHANGE, MODIFY, OR COMBINE DIVISIONS THE DAY OF THE TOURNAMENT. COMPETITORS MUST BE STUDENTS OF INVITED SCHOOL. NO REFUNDS.



Lowrie Street

Provident Charter School

Gymnasium


Parking Lot A

Parking Lot C

Parking Lot B

Troy Hill Road



- Parking Lot A**- 30 Regular Spaces
6 Handicap Spaces
- Parking Lot B** – 20 Regular Spaces
- Parking Lot C**- 38 Regular Spaces
- Street Parking on Troy Hill Road**
-  **TKD Tournament Entrance**

