

JOE GOSS KARATE

INVITATIONAL

TOURNAMENT



JUNE 13
2026

1ST SUMMIT ARENA
JOHNSTOWN, PA



Tournament Address:
336 Napoleon Street
Johnstown, PA 15901



FORMS
POINT FIGHTING
BREAKING

joegosskarate.com



2026 JOE GOSS KARATE INVITATIONAL TOURNAMENT

SATURDAY, JUNE 13, 2026

**1ST SUMMIT ARENA
(CAMBRIA COUNTY WAR MEMORIAL)**

**TOURNAMENT ADDRESS:
336 Napoleon Street, Johnstown, PA 15901**

FORMS • POINT FIGHTING • BREAKING

Divisions may be combined or separated based on the number and diversity of the competitors in a particular division.

Pre-register and pay online: joegosskarate.com

Pre-registration deadline: Wednesday, June 10th

Pre-registration fee:

\$65 for one or two events and \$75 for three events

Day of the tournament registration fee:

\$75 for one or two events and \$85 for three events

Spectators: \$7.00 (children under 5 free)

Registration and check-in begins: 9:00 AM

Tournament begins: 10:30 AM

Grand Champion Trophies:

All first place winners (in every age division) in forms competition will compete for the Grand Champion Trophy in that belt rank level.

- JUNIOR BEGINNER FORMS GRAND CHAMPION
- JUNIOR INTERMEDIATE FORMS GRAND CHAMPION
- JUNIOR ADVANCED FORMS GRAND CHAMPION
- ADULT GUP FORMS GRAND CHAMPION
- BLACK BELT FORMS GRAND CHAMPION
- ADULT BLACK BELT POINT FIGHTING GRAND CHAMPION

***Competitors are not required to be at the venue until 30 minutes before their group is to start.**

Adult (18 and over) Black Belt competitors are required to be at the venue at 10:00 am, stay for the entire event, and be available to help or they will not be eligible to compete.

Tournament Rules

Traditional uniforms are required to compete.

Competitors must be in uniform and ready to compete at their ring's scheduled time.

Forms:

Only traditional forms will be permitted.
No demonstration forms will be allowed.

Breaking:

Two stations - two (attempts) per station.
To ensure fairness, boards must be purchased at the event.

Point Fighting:

Three points - two minutes. All hand & foot techniques - one point. No techniques to the back or back of the head. Punching techniques using the fore-fist, no other hand techniques allowed. No excessive contact or technique below the belt. Equipment: mouth guard and headgear (Headgear will be provided to those without — foot, hand & shin guards optional).

Contact Information:

Phone: 814.266.7100

Email: sabomjr@gmail.com

Website: joegosskarate.com

Mailing Address:

1513 Scalp Ave, Suite 300, Johnstown, PA 15904



JOE GOSS KARATE INVITATIONAL TOURNAMENT DIVISION AND RING ASSIGNMENTS

- Doors Open – Registration and check-in starting time: 9:00 am
- Tournament begins: 10:30 am
- Adult Black Belt and Masters Competition (4th Dan & up) will be held as rings become available or when all other divisions are finished.
- Divisions will be divided by gender for point fighting and breaking.
- Divisions may be combined or separated depending on the number of competitors.
- Adult divisions will be subdivided by ring age the day of the event.

Beginner

10th - 8th gup/kyu

Intermediate

7th - 4th gup/kyu

Advanced

3rd & up gup/kyu

GROUP 1

Age	Division	Ring	Time
15-17	Beg., Int., Adv.	Ring 1	10:30 am
13-14	Beg., Int., Adv.	Ring 2	10:30 am
11-12	Advanced	Ring 3	10:30 am
11-12	Intermediate	Ring 4	10:30 am
11-12	Beginner	Ring 5	10:30 am
Adult	Advanced	Ring 6	10:30 am
Adult	Intermediate	Ring 7	10:30 am
Adult	Beginner	Ring 8	10:30 am
15-17	Black Belt	Ring 9	10:30 am

GROUP 2

-6	Beg., Int., Adv.	Ring 1	12:30 pm
7-8	Beginner	Ring 2	12:30 pm
7-8	Intermediate	Ring 3	12:30 pm
7-8	Adv. & Black Belt	Ring 4	12:30 pm
9-10	Beginner	Ring 5	12:30 pm
9-10	Intermediate	Ring 6	12:30 pm
9-10	Adv. & Black Belt	Ring 7	12:30 pm
11-12	Black Belt	Ring 8	12:30 pm
13-14	Black Belt	Ring 9	12:30 pm

JOE GOSS KARATE INVITATIONAL TOURNAMENT OFFICIAL ENTRY FORM

PRE-REGISTRATION AND PAYMENT AVAILABLE ONLINE - joegosskarate.com

NAME _____ AGE _____ MALE FEMALE
(as of June 13, 2026) (biological sex at birth)

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

EMAIL _____ PHONE _____

YOUR BELT RANK _____
(Examples: 10th gup/White Belt; 5th gup/Green with Stripe; 1st degree Black Belt/Cho Dan)

KARATE SCHOOL NAME _____

INSTRUCTOR'S NAME _____

LIABILITY WAIVER

I hereby submit my application for registration in the JOE GOSS KARATE INVITATIONAL TOURNAMENT. I agree to waive claims against any persons connected with this tournament for injuries I may sustain and likewise assume full responsibility for all my actions in connection with said tournament. I understand that any pictures of me participating in said tournament may be used for publicity without compensation.

Participant Signature _____ Date _____
(if under 18 years of age, Parent/Guardian's Signature)

Please check (✓) your competing events:

FORMS BOARD BREAKING

SPARRING (point fighting)



**JOE GOSS
KARATE**

Checks payable to: Joe Goss Karate

Mail completed form and payment to:
Joe Goss Karate
1513 Scalp Avenue, Suite 300
Johnstown, PA 15904

You may also pay and pre-register online
by June 10, 2026 at joegosskarate.com.

Email: sabomjr@gmail.com

PRE-REGISTRATION FEE: (Due by June 10, 2026)

\$65.00 - 1 or 2 events

\$75.00 - 3 events

REGISTRATION FEE: (at the door - day of the event)

\$75.00 - 1 or 2 events

\$85.00 - 3 events

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