

16TH ANNUAL | FEBRUARY 28, 2026



Scan to Register

FORMS | WEAPONS | SPARRING
BATTLE OF THE STATES

THE PROVIDENT CHARTER SCHOOL

1400 TROY HILL ROAD
PITTSBURGH, PA 15212

FOR MORE INFORMATION

CALL 724-934-9264

ZANG 
TAEKWON-DO

ZANGTKD.COM



ZANG TKD INVITATIONAL MARTIAL ARTS CHAMPIONSHIP SCHEDULE

SATURDAY: February 28, 2026

Location: The Provident Charter School
1400 Troy Hill Road
Pittsburgh, PA 15212

GROUP ONE: ALL COLOR BELTS

8:00 AM Check-In
8:30 AM Judges Meeting
9:15 AM Competitions Begins

GROUP TWO: ALL BLACK BELTS

12:30 PM Check-In for Black Belt
1:00 PM Opening Ceremony
1:30 PM Competition Begins (Grand Championship after all divisions)

CATEGORIES:

FORMS: Traditional, (no musical or free-style forms)
WEAPONS: Color Belt & Black Belt (Divisions May be Combined for Color Belts)
SPARRING: Flag Sparring and Traditional Tournament Sparring

PRE-REGISTRATION ONLY* Registration forms and fees **must be received by Zang TKD by Thursday, February 12, 2026.**

Mail to: Zang TKD
155 Lake Drive, Suite 202
Wexford, PA 15090



NOTE: Spectators may register the day of at the tournament.

WE RESERVE THE RIGHT TO CHANGE, MODIFY, OR COMBINE DIVISIONS THE DAY OF THE TOURNAMENT. COMPETITORS MUST BE STUDENTS OF AN INVITED SCHOOL. NO REFUNDS.



ZANG TKD 2026 INVITATIONAL MARTIAL ARTS CHAMPIONSHIP RULES

NOTE! NO ONE OTHER THAN JUDGES WILL BE PERMITTED ON THE FLOOR DURING THE COMPETITION!!!

FORMS/WEAPONS:

Scoring:

COLOR BELT = 6-8 Pts.

If there are 5 judges in a ring:

Drop High & Low

Add High in to Break Ties

Add Low in if still tied.

BLACK BELT = 7-9.99 Pts.

SPARRING*:

Color Belt Adults & Children:

- 5 points or 2 minutes
- Must make some contact to body
- May have VERY LIGHT CONTACT TO HEAD...Bubble rule is still in effect.
 - Controlled hand and foot technique to the head
- All techniques are 1 point except for:
 - Kicks to the head are 2 points.
 - All Spinning kicks are 2 points.
- No Spinning Backfist
- No Excessive Contact or Techniques to the Back, Neck or Below the Belt
- 1st violation is a point the other way. 2nd is DQ. Excessive contact is DQ. Low kick is 1 point the other way and 2nd is DQ.

Black Belts:

- 5 Points or 2 Minutes
- All techniques are 1 point except for:
 - kicks to the head are 2 points.
 - All Spinning kicks are 2 points.
- LIGHT, CONTROLLED touch to the head.
- Body contact must firm.
- No Spinning Backfist
- No Excessive Contact or Techniques to the Back, Neck or Below the Belt
- 1st violation is a point the other way. 2nd is DQ. Excessive contact is DQ. Low kick is 1 point the other way and 2nd is DQ.

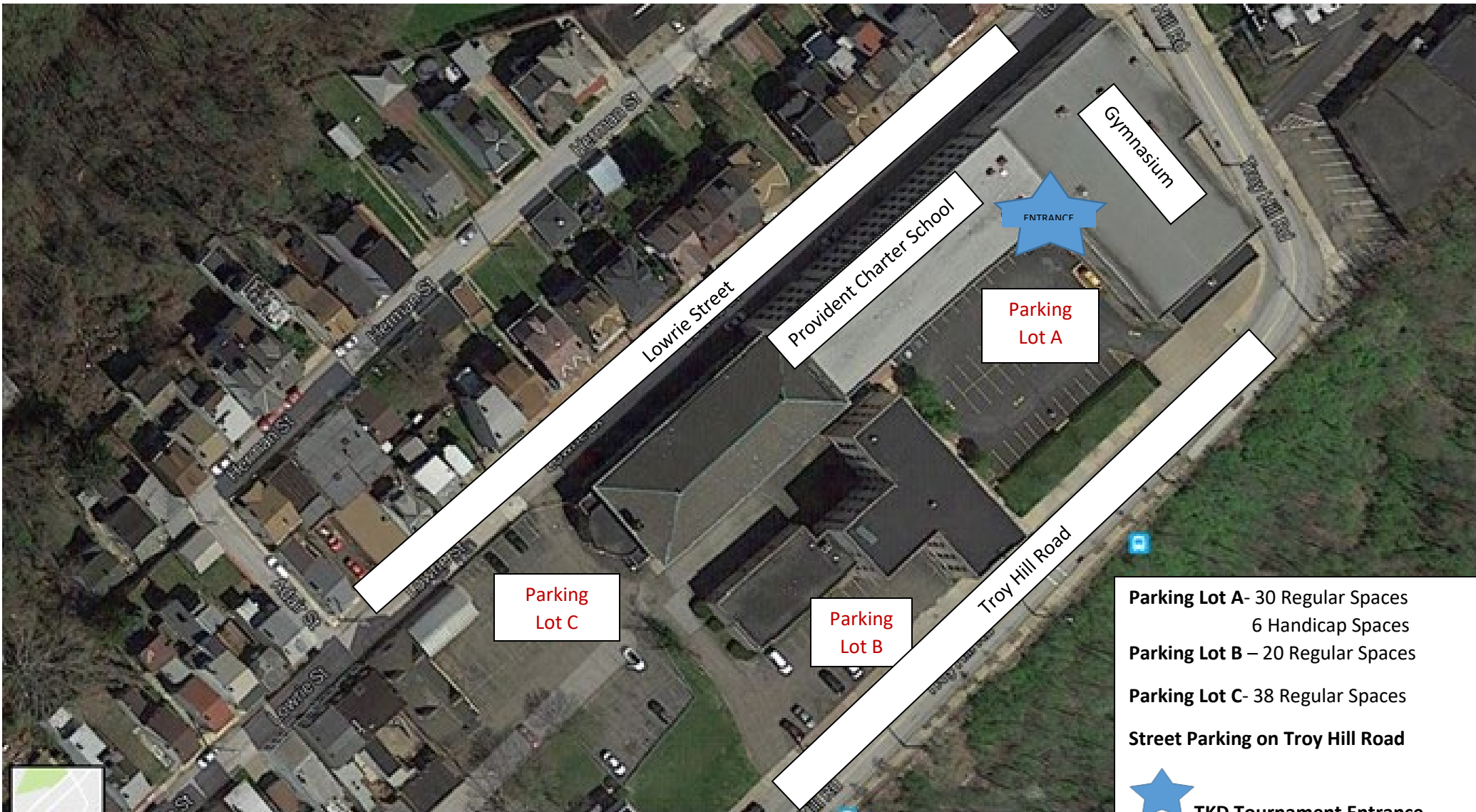
Flag Sparring:

3 Flags or Highest Score After 1 ½ Minutes

*MANDATORY SPARRING GEAR: Gloves, Foot and Head Gear, Mouth Pieces & Protective Cup (males)

GOOD SPORTSMANSHIP IS EXPECTED

ZANG TKD 155 Lake Drive, Suite 202 Wexford, PA 15090 (724) 934-9264 zangtkd.com



- Parking Lot A**- 30 Regular Spaces
6 Handicap Spaces
- Parking Lot B** – 20 Regular Spaces
- Parking Lot C**- 38 Regular Spaces
- Street Parking on Troy Hill Road**

 **TKD Tournament Entrance**



ZANG TKD MARTIAL ARTS

16th INVITATIONAL MARTIAL ARTS CHAMPIONSHIP TOURNAMENT

SATURDAY, February 28, 2026

Name (Please print) _____ Age: _____
Address _____ City _____ State _____ Zip _____
Martial Arts School _____ Instructor _____
Height _____ Weight _____ Male _____ Female _____
Months/Years of Training _____

Color Belt Rank: Our color belt system is shown below from lowest to highest rank. Circle your belt rank if it matches the system shown. If not, circle the belt color that best matches your current rank. Please ask your instructor for guidance if you are unsure.



Black Belt Rank _____

Please CIRCLE your competing event(s): Forms Weapons Sparring or Flag Sparring

REGISTRATION MUST BE RECEIVED BY February 12th! NO ONSITE EVENT REGISTRATION

			TOTAL	
Entry Fee – Includes One or Two Events	\$65.00			_____
Each Addl. Event	\$10.00	X _____ =		_____
Spectator – Adult 13 and Over	\$ 10.00	X _____ =		_____
Spectator – Children 5-12	\$ 5.00	X _____ =		_____
TOTAL DUE:				_____

Release/Waiver (Print Name) _____

In consideration of the acceptance of entry for myself and/or my child, I hereby waive any and all rights or claims I or my minor child or heirs may have against Robert A. Zang, Jr., Zang Taekwondo, LLC, The Provident School, and their owners, officers, instructors, principals, employees, servants, volunteers, affiliates, workers, agents, and assigns related to the tournament in any way. I hereby release and discharge them from any and all claims resulting from injuries, including death, damages or loss, which may accrue to me, my minor child, or my heirs arising out of or in any way connected with my attendance and/or participation at any Zang Taekwondo, LLC events including this tournament. I represent and warrant that I (and/or my child) am physically and mentally fit, able to participate, and hereby voluntarily participate and assume responsibility for my own (and/or my child's) well-being, understanding that participation involves bodily contact. I am aware of COVID and understand there will be physical contact at this event. I also agree to any medical attention needed for myself or my child. I have read, understand, and agree to abide by the rules associated with this event and assume all responsibility and any liability for infringement of such rules and agree to accept the tournament arbitrator's decision as final. I consent to allow any reproductions of me (or my child's) or likeness created in any manner whatsoever, photographed, filmed or videotaped in connection with Robert A. Zang, Jr., or with Zang Taekwondo events which can be used for instruction, publicity, promotion or television broadcast, and I waive any and all compensation in regards thereto.

COMPETITORS SIGNATURE/ DATE

PARENT/GUARDIAN SIGNATURE (IF
COMPETITOR IS UNDER THE AGE of 18)