



# 2023 JOE GOSS KARATE INVITATIONAL TOURNAMENT

**SATURDAY, JUNE 17, 2023**

**1ST SUMMIT ARENA**  
(CAMBRIA COUNTY WAR MEMORIAL)

TOURNAMENT ADDRESS:  
336 Napolean Street, Johnstown, PA 15901

## FORMS • POINT FIGHTING • BREAKING

Divisions may be combined or separated based on the number and diversity of the competitors in a particular division.

**Pre-register and pay online: [joegosskarate.com](http://joegosskarate.com)**  
**Pre-registraion deadline: Wednesday, June 14th**

**Pre-registration fee:**

\$55 for one event and \$10 for each additional event

**Day of the tournament registration fee:**

\$65 for one event and \$10 for each additional event

**Spectators:** \$5.00 (children under 5 free)

**Registration and check-in begins: 9:00 AM**

**Tournament begins: 10:30 AM**

**Grand Champion Trophies:**

All first place winners (in every age division) in forms competition will compete for the Grand Champion Trophy in that belt rank level.

- BEGINNER FORMS GRAND CHAMPION
- INTERMEDIATE FORMS GRAND CHAMPION
- ADVANCED FORMS GRAND CHAMPION
- BLACK BELT FORMS GRAND CHAMPION
- ADULT BLACK BELT POINT FIGHTING GRAND CHAMPION

**\*Competitors are not required to be at the venue until 30 minutes before their group is to start.**

**Adult (18 and over) Black Belt competitors are required to be at the venue at 10:00 am and stay for the entire event and be available to help or they will not be eligible to compete.**

## Tournament Rules

**Traditional uniforms are required to compete.**

Competitors must be in uniform and ready to compete at their ring's scheduled time.

**Forms:**

Only traditional forms will be permitted.  
No demonstration forms will be allowed.

**Breaking:**

Two stations - two (attempts) per station.  
To ensure fairness, boards must be purchased at the event.

**Point Fighting:**

Three points - two minutes. All hand & foot techniques - one point. No techniques to the back or back of the head. Punching techniques using the fore-fist, no other hand techniques allowed. No excessive contact or technique below the belt. Equipment: mouth guard and headgear (Headgear will be provided to those without — foot, hand & shin guards optional).

## Contact Information:

**Phone: 814.266.7100**

**Email: [sabomjr@gmail.com](mailto:sabomjr@gmail.com)**

**Website: [joegosskarate.com](http://joegosskarate.com)**

**Mailing Address:**

**1513 Scalp Ave, Suite 300, Johnstown, PA 15904**



# JOE GOSS KARATE INVITATIONAL TOURNAMENT DIVISION AND RING ASSIGNMENTS

- Doors Open — Registration and check-in starting time: 9:00 am
- Tournament begins: 10:30 am
- Adult Black Belt and Masters Competition (**4th, 5th and 6th Dans**) will be held as rings become available or when all other divisions are finished.
- Divisions will be divided by gender for point fighting and breaking.
- Divisions may be combined or separated depending on the number of competitors.
- Adult divisions will be subdivided by age the day of the event.

## Beginner

10th - 8th gup/kyu

## Intermediate

7th - 4th gup/kyu

## Advanced

3rd & up gup/kyu

GROUP 1

Age	Division	Ring	Time
15-17	Beg., Int., Adv.	Ring 1	10:30 am
13-14	Beg., Int., Adv.	Ring 2	10:30 am
11-12	Advanced	Ring 3	10:30 am
11-12	Intermediate	Ring 4	10:30 am
11-12	Beginner	Ring 5	10:30 am
Adult	Advanced	Ring 6	10:30 am
Adult	Intermediate	Ring 7	10:30 am
Adult	Beginner	Ring 8	10:30 am
15-17	Black Belt	Ring 9	10:30 am

GROUP 2

-6	Beg., Int., Adv.	Ring 1	12:30 pm
7-8	Beginner	Ring 2	12:30 pm
7-8	Intermediate	Ring 3	12:30 pm
7-8	Adv. & Black Belt	Ring 4	12:30 pm
9-10	Beginner	Ring 5	12:30 pm
9-10	Intermediate	Ring 6	12:30 pm
9-10	Adv. & Black Belt	Ring 7	12:30 pm
11-12	Black Belt	Ring 8	12:30 pm
13-14	Black Belt	Ring 9	12:30 pm

# JOE GOSS KARATE INVITATIONAL TOURNAMENT OFFICIAL ENTRY FORM

PRE-REGISTRATION AND PAYMENT AVAILABLE ONLINE - [joegosskarate.com](http://joegosskarate.com)

NAME \_\_\_\_\_ AGE \_\_\_\_\_ MALE  FEMALE   
(as of June 17, 2023)

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_

YOUR BELT RANK \_\_\_\_\_  
(Examples: 10th gup/White Belt; 5th gup/Green with Stripe; 1st degree Black Belt/Cho Dan)

KARATE SCHOOL NAME \_\_\_\_\_

INSTRUCTOR'S NAME \_\_\_\_\_

## LIABILITY WAIVER

I hereby submit my application for registration in the JOE GOSS KARATE INVITATIONAL TOURNAMENT. I agree to waive claims against any persons connected with this tournament for injuries I may sustain and likewise assume full responsibility for all my actions in connection with said tournament. I understand that any pictures of me participating in said tournament may be used for publicity without compensation.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_  
(if under 18 years of age, Parent/Guardian's Signature)

Please check (✓) your competing events:

FORMS  BOARD BREAKING

SPARRING (point fighting)



Checks payable to: Joe Goss Karate

Mail completed form and payment to:  
Joe Goss Karate  
1513 Scalp Avenue, Suite 300  
Johnstown, PA 15904

You may also pay and pre-register online  
by June 14, 2023 at [joegosskarate.com](http://joegosskarate.com).

Email: [sabomjr@gmail.com](mailto:sabomjr@gmail.com)

### PRE-REGISTRATION FEE: (Due by June 14, 2023)

\$55.00 - 1 event

\$65.00 - 2 events

\$75.00 - 3 events

### REGISTRATION FEE: (at the door - day of the event)

\$65.00 - 1 event

\$75.00 - 2 events

\$85.00 - 3 events